

Weekly Menu



Monday

SURF AND TURF KABOBS

*CAN BE MADE AHEAD OF TIME SO YOU JUST HAVE TO THROW THEM ON THE GRILL!

*REMEMBER TO PUT CHICKEN IN THE SLOW COOKER THIS MORNING FOR YOUR SALAD TONIGHT!

Tuesday

CHICKEN BERRY SALAD WITH BACON AND TOASTED WALNUTS

Wednesday

FRENCH ONION SOUP WITH CHEESY ROAST BEEF SANDWICHES

Thursday

THAI PEANUT SHRIMP WITH ZUCCHINI NOODLES

Friday

CHARDONNAY BRAISED PORK CHOPS

PERFECT FOR DATE NIGHT! MAKE ONLY 1/2 THE RECIPE UNLESS YOU PLAN TO FEED A BUNCH OF PEOPLE

Weekend

GO ON A HIKE THIS WEEKEND!

SET ASIDE TIME ON SUNDAY FOR MEAL PREP- TRY MY PEACH COBBLER OVERNIGHT OATS FOR BREAKFASTS THIS WEEK!